

Dear CECAD members,

The University Hospital has slightly adapted its procedures for quarantine and testing of infected and contact persons, you find the updates in the table below.
All other measures remain unchanged.

Quarantine and testing of infected persons and unprotected contact persons (CHANGED - as of 24.1.2022)

Testing of infected persons	With symptoms and asymptomatic Regardless of vaccination or recovered status	→	<ul style="list-style-type: none"> › 7 days Isolation*, PCR-test required before you start work (in advance at least 48h no symptoms) and negative PCR-test or Ct-Wert >30** › 10 days isolation, if you have symptoms till day 7 or at day 7 your CT level is < 30 determined in PCR test, afterwards at day 10 a negative, certified AG rapid test
Testing of contact persons	Without symptoms WITH exposure to an infected person (unprotected or only one of the persons with medical mouth-nose protection or partially protected and > 10 min. in closed rooms)	→	<p>Boosted, freshly*** double vaccinated or freshly recovered: <u>Exposition/contact to infected person can be stopped:</u> No quarantine and PCR test every 2 days until day 7****</p> <p><u>Permanent exposure (e.g. household contacts):</u> Quarantine***** for 5 days, daily control of symptoms till day 10, on days 5 and 7 do a PCR test; you can start work if your PCR test is negative</p> <p>Unvaccinated and doubly vaccinated or recovered >3 months after vaccination/infection: Quarantine is shortened according to new regulation also for not-boosted and not vaccinated persons to 7 days and daily symptom control till day 10, if symptoms appear, do a PCR test. After the end of quarantine, a negative PCR test is required</p>

* After the onset of symptoms or in the case of asymptomatic persons, the day of the PCR smear, these days are assessed as day 0.

** NO further PCR test required

*** Fresh: 2nd vaccination or infection < 3 months ago

**** Plus daily symptom control till day 10, if you get symptoms do a PCR test immediately, continue work only in case of neg. PCR test result, obligation to wear a FFP-2 mask, no unprotected contacts during any breaks during monitoring period

***** If indispensable, work can be continued in exceptional cases in consultation with the KPM under the following conditions: Daily PCR control until day 7, symptom control until day 10, in case of symptoms immediately PCR test, continue work only in case of negative PCR result, FFP-2 mask obligation, no unprotected break contacts.

■ Updated regulations

Employee testing (according to UKK regulations, as of 24.1.2022) – no changes

Occasion-related testing of employees	Red Alert-App	→	<p>Regardless of vaccination status:</p> <ul style="list-style-type: none"> › In case of potential unprotected contact (e.g. restaurant visit): Report to KPM team and regular PCR testing upon requirement* › Unprotected contact not remembered: NO PCR test, NO report to KPM team*
Testing of UKK employees ONLY according to Infection Protection Law	Vaccinated	→	<p>2 tests/week AG rapid-test (self-test, can be done at home)**</p> <p><i>in case of a positive AG test results, a PCR test must be performed, stay at home while awaiting the result - DO NOT start work, inform the KPM team of the university hospital by e-mail (kpm-covid19@uk-koeln.de).</i></p>
	Unvaccinated	→	<p>Daily rapid test (with certificate) before starting work, must be checked in the lab, without test no admission to work</p>

* plus daily symptom control, FFP-2 mask obligation, no unprotected break contacts for monitoring period, in case of symptoms immediately PCR test, continue work only if PCR result is neg.

** result of your antigen test must be sent to the e-mail schnelltestmeldung@uk-koeln.de,

General rules (as of 24.1.2022) – no changes

Test rules for employees	See tables below
Obligation to wear masks	<ul style="list-style-type: none"> – Obligation to wear a medical mask in rooms, when more than 1 person is present, we recommend to wear always FFP2 masks – Obligation to wear a medical mask outside, when distance regulation is not applied
Staying/Working in offices	<ul style="list-style-type: none"> – Obligation to do home office, where possible – Limit the number of people in one room to a minimum (if possible provide 10 sqm/person) – Distance (at least. 1,5 m) – Obligation to wear a mouth-nose protection, when more than 1 person is in one room, FFP2-mask is recommended – Ventilation*
Internal meetings, seminars, training courses should generally take place online	<ul style="list-style-type: none"> – Face-to-face events only allowed due to compelling business reasons – Limit the number of attendees to a minimum – FFP2-mask is obligatory – Traceability (list of participants) – Ventilation* – Please see note from task force regarding events, which have been approved#
Events (with external participants)	<ul style="list-style-type: none"> – No face-to-face events – Please see note from task force regarding events, which have been approved#
Lunch breaks in common rooms	<ul style="list-style-type: none"> – Limit the number of people to a minimum - we kindly ask to avoid any situation with more than 1 unmasked person in one room – Distance (at least. 1,5 m) – Ventilation* – If possible apply fixed break groups – Traceability (list of participants)
Eating in the UKK cafeteria	Eating is currently not permitted in the cafeteria, but you can get food to go
Rules for external visitors (suppliers, craftsmen, service, service providers, etc.)	<p>3G rule is valid, we recommend to ask external visitors to provide an official negative test (PCR test not older than 48 hours or rapid test not older then 24 hours)</p> <p>Contact person at CECAD / porters are responsible for checking the evidence</p>

The task force for events of the University Hospital points out that this regulation also applies to events that have already been approved. They should be critically reviewed in this regard and cancelled if necessary. Requests for exceptions can still be sent by e-mail to veranstaltungenukk@uk-koeln.de using the attached form.

Thank you for supporting us in keeping CECAD a safe place to work and stay healthy!

Very best wishes,
Bernhard Schermer, Carien Niessen, Sibylle Grandel