

**Name:** Joris Deelen

**Institute, main affiliation:** Max Planck Institute for Biology of Ageing

**Research field:** Genetics, Longevity, Biomarkers, Healthy ageing

**Funding / grant(s):**

- ERC Starting Grant
- Longevity Impetus Grant

**Last two research positions:**

*(position, time period, lab or PI, research institute, Country)*

1. Postdoctoral researcher, 2016-2020, Biological Mechanisms of Ageing (Linda Partridge), Max Planck Institute for Biology of Ageing, Germany
2. Postdoctoral researcher, 2014-2016, Molecular Epidemiology (Eline Slagboom), Department of Biomedical Data Sciences, Leiden University Medical Center, The Netherlands

**What do you think were the major milestones in your career that led to your position as group leader (e.g. could be motivations, publications, coincidences, "right" field of science, network)?**

- Supportive and highly-reputable mentors
- Multiple publications in renowned journals in the field at different career stages
- Unique profile at the intersection between research in humans and model organisms (i.e. "right" field of science)
- Moving groups at the right time (i.e. going abroad)
- Persistence (i.e. deal with disappointments)

