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Klinik II für Nephrologie, Rheumatologie, Diabetologie, und
Allgemeine Innere Medizin

Ageing Medicine: Workshop and recommendations of the EU MPI_Age Study

Wed, July 5th 2017, LFI Building 5, 9 am - 4 pm

Dear Colleagues,

the MPI_Age study, co-financed with kick-off in 2014 by the Consumers, Health, Agriculture, and Food Executive Agency in the frame of the European Innovation Partnership on Active and Healthy Ageing Second Health Programme 2008-2013 will end on July 31st 2017. With great pleasure we announce that Professor Alberto Pilotto, director of the Orthogeriatrics and Rehabilitation Galliera Hospital in Genua and developer of the Multidimensional Prognostic Index (MPI), will present the EU MPI_Age recommendations on July 5th 2017 in Cologne. The MPI_Age study enrolled over 1.100 older multimorbid patients across Europe, involved a one-year follow up and an impressive database on cost-effectiveness of health interventions in this highly challenging patients population as far as clinical decisions are concerned. The interim meeting took place in February 2016 in Cologne with a CMMC back-to-back symposium "From Ageing to Geriatrics"; this year a workshop with a "meet the expert" session and translational research-oriented "Ageing and Geriatrics" presentations will be offered to the public. The discussion and exchange will take place during a buffet lunch to which the workshop participants are invited to participate.

Looking forward to meet you on July 5th,
M. Cristina Polidori, Paul Brinkkötter and Thomas Benzing

Liebe Kollegen,

wie Sie wissen, hat die Europäische Agentur CHAFAA (Consumers, Health, Agriculture, and Food Executive Agency) 2014-2017 die MPI_Age Studie im Rahmen des European Innovation Partnership on Active and Healthy Ageing Second Health Programme 2008-2013 mitfinanziert. Hauptziel der MPI_Age Studie war, spezifische, geriatrische Assessment-basierte multidimensionale prognostische Indizes (MPI) anzuwenden, um die Kosteneffektivität gesundheitsbezogener Interventionen bei älteren multimorbiden Patienten in Europa zu verbessern.

Offizielles Ende der MPI_Age Studie ist 31. Juli 2017. Über 1.100 Patienten sind europaweit in die Studie eingeschlossen und bis zu 1 Jahr nach der Erst-Hospitalisierung beobachtet worden. Professor Pilotto, Entwickler des MPIs, kommt am Mittwoch, 5. Juli 2017, nach Köln, um Empfehlungen der EU MPI_Age Studie vorzustellen, die am MPI_Age Final Meeting am 7. Juni (Programm anbei) präsentiert werden. Das MPI_Age Interim Meeting fand im Februar 2016 in Köln statt und an dem ZMMK back-to-back Symposium „From Ageing to Geriatrics“ hatten alle WP leaders (Karolinska Institut, European Geriatric Medicine Society, University Hospital Madrid, Erasmus University Rotterdam, Ageing Clinical Research/Dpt II Internal Medicine University Hospital of Cologne) berichtet; am 5. Juli werden die EU Recommendations über klinische Entscheidungen bei älteren multimorbiden Patienten im Rahmen eines „Ageing-to-Geriatrics“ Workshops präsentiert, in der wichtige translationale Aspekte der Altersforschung hervorgehoben werden. Die bisher 34 MPI-bezogene hohen IF Veröffentlichungen werden dem Publikum zur Verfügung gestellt.

Die Termindisposition erfolgt wegen einer unerwarteten Vorgabe seitens der EU etwas kurzfristig.

Wir würden uns freuen, Sie trotzdem am 5. Juli in Köln begrüßen zu können.

M. Cristina Polidori, Paul Brinkkötter und Thomas Benzing

MPI_Age



Ageing Medicine: Workshop and recommendations of the EU MPI_Age Study

Wed, July 5th 2017, LFI Building #5, 9am-16am

- 9am-9.30am** Welcome and Get-together with coffee and sweets
M. Cristina Polidori, Paul Brinkkötter & Thomas Benzing
- 9.30-11.30 am** Meet-the-expert session: MPI-studies at the University Hospital of Cologne are discussed with Professor Pilotto, developer of the Multidimensional Prognostic Index
Dirk Hoffmann
MPI and lab values in a typical German geriatric patient population
Petra Arenz & Chrisoph Bobrowski
MPI and healthcare networks in Germany
Anna Meyer & Lena Pickert
MPI, clinical profile and trajectories of geriatric patients in an internal medicine/
Nephrology hospital setting
Selma Bonnekoh
Practicability of MPI in large geriatric hospitals
Christie Magnisali
MPI and clinical decision making in orthogeriatric patients
Marcel Rarek & Franziska Fromm
MPI for older patients in the emergency department: study design
Sandra Kruse & Roman Pfister
MPI and mitral clap repair in older adults – Study design
- 11.30-12.15** Lunch break
- 12.15-12.45** The MPI_Age study: official recommendations from the European Geriatric Medicine Society. **Alberto Pilotto**
- 12.45-2 pm** Geriatrics: challenges and implications of personalized medicine. Teaching the comprehensive geriatric assessment. The issue of screening geriatric patients. A round table with healthcare practitioners. **Alberto Pilotto** and invited healthcare professionals in Geriatric Medicine. With UniReha, Apotheke, Sozialdienst, Pflegekräfte. In German and English.
- 2-2.30 pm** Important molecules in cardiovascular aging and age-associated diseases
Jojo Haendeler
- 2.30-3 pm** Systems Biology approaches to ageing-associated disease, **Roman Müller**
- 3 pm- 3.30 pm** Molecular biology of Ageing – implications for clinical research. A round table with researchers in the field
- 3.30 – 4 pm** The challenge of bridging the gap between ageing and geriatrics – frailty and complexity. Conclusive remarks and discussion. **M. Cristina Polidori**

Christoph Bobrowski (Geriatric, Helios Klinik Schwerin), Jojo Haendeler (Leibniz Research Institute for Environmental Medicine), Roman Müller (Klinik II Innere Medizin Uniklinik Köln), Roman Pfister (Klinik III Innere Medizin Uniklinik Köln) & Alberto Pilotto (Dpt Orthogeriatrics Hospitals Galliera, Genua) among participants.

Contact:

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